

VUWHC Sizing Charts

Important Note - The size you receive may differ on the label from what you ordered. However, it will be correct. The sizes on the labels are for the Asian Market and will not accurately reflect New Zealand sizing. Following the charts below will ensure you receive what you want.

Unisex Long Sleeve Warm Up Top

Size	Chest	Length	Body Height
S	96cm	65cm	165-170cm
M	100cm	67cm	170-175cm
L	104cm	69cm	175-180cm
XL	108cm	71cm	180-185cm
2XL	112cm	73cm	185-190cm

Unisex Track Pants

Size	Waist	Length	Body Height
S	54-78cm	99cm	165-170cm
M	56-79cm	101cm	170-175cm
L	58-82cm	103cm	175-185cm
XL	60-88cm	106cm	185-190cm
2XL	62-100cm	109cm	190-195cm

Unisex Jacket

Size	Bust	Shoulders	Sleeve	Length
XS	108cm	50cm	58cm	70cm
S	112cm	51cm	60cm	72cm
M	116cm	52cm	61cm	73cm
L	120cm	54cm	62cm	74cm
XL	124cm	55cm	63cm	76cm
2XL	130cm	57cm	64cm	78cm
3XL	136cm	59cm	65cm	80cm

Unisex Compression Top

Size	Body Height	Body Weight
XS	160-165cm	45-55KG
S	165-170cm	55-65KG
M	170-175cm	65-75KG
L	175-180cm	75-85KG
XL	180-185cm	85-95KG

Men's Leggings

Size	Body Height	Body Weight
XXS	155-160cm	45-55KG
XS	160-165cm	55-65KG
S	165-170cm	65-75KG
M	170-175cm	75-85KG
L	175-180cm	85-95KG
XL	180-185cm	85-95KG

Mens Work Out T-Shirt

Size	Body Height	Body Weight
XXS	155-160cm	40-45KG
XS	160-165cm	45-55KG
S	165-170cm	55-65KG
M	170-175cm	65-75KG
L	175-180cm	75-85KG
XL	180-185cm	85-95KG

Men's Shorts

Size	Body Height	Body Weight	Waist
M	170-175cm	55-65KG	56CM
L	175-180cm	65-75KG	58CM
XL	180-185cm	75-85KG	60CM
2XL	185-190cm	85-95KG	62CM

Women's Leggings

Size	Length	Waistline	Hips	Body Height
S	58	62	66	150-160cm
M	66	70	74	160-165cm
L	88	90	92	165-170cm

Women's Work Out T-Shirt

Size	Body Height	Length	Waistline	Bust
S	153-158CM	60CM	40CM	44CM
M	158-165CM	62CM	42CM	46CM
L	165-170CM	64CM	44CM	48CM

Women's Shorts

Size	Body Height	Length
S	153-158CM	30CM
M	158-165CM	31CM
L	165-170CM	32CM